



Cletwr newsletter

Winter 2014-5

Cwmni Cymunedol Cletwr is a project to re-open Cletwr Services at Tre'r Ddôl, on the A487 between Aberystwyth and Machynlleth, as a community run enterprise.

Winter Welcome at Siop Cynfelyn

This is Siop Cynfelyn's second winter season and we are weathering it quite happily. There is a rolling renewal of our board with original members giving way to new ones, and lots of fresh ideas to keep us occupied in the coming months. We've had a steady trickle of new volunteers over the last couple of months, but we're hoping this will turn into a stream! Although a few well-known faces have moved from the area, more families have joined our community and are already volunteering!

Winter Warmers

Our chef Jane has organised a warming winter menu, with new takes on our daily soups, sandwiches and homemade bread and cakes. And by popular demand we are now doing a delicious menu of meaty or veggie breakfasts on Saturday and Sunday, using the best local produce. Lots of our regulars are leaving their grill pan in the cupboard at the weekend and meeting up for a cosy brunch in the café.

Christmas Extras in the Café: Hot Turkey Baps with homemade stuffing & cranberry sauce. Homemade mince pies made with our own mincemeat – also available in the shop.

Christmas coffee or hot chocolate with winter warmers – Gingerbread, Roasted Hazelnut, or Salted Caramel syrups, topped with lashings of whipped cream.

Special Christmas opening hours

Monday 22nd December,

Tuesday 23rd December: usual hours.

(Wed) Christmas Eve: 8.30-4pm

(Thurs) Christmas Day: Closed

(Friday) Boxing Day: Closed

Sat 27th December & Sun 28th December: 8.30-4pm

Mon 29th December & Tues 30th December: Usual hours

(Wed) New Years Eve: 8.30-4pm

(Thurs) New Years Day: Closed

Meet Jane Lievers, Café Cletwr's new chef

"Hello. I'd firstly like to say a huge thank you to all of the people (staff, volunteers and customers) who have made me feel so very welcome. It really is a pleasure to come to work each day. Very soon coming to work will be a much shorter commute, as I'm moving from Llanbrynmair into the village mid-December. Can't wait! Looking ahead, we would really appreciate any feedback you can give us on what YOU would like to see in the café. Changes so far have been to produce much more here on site and to have more of our home-made goodies available in the shop, like Mike's tea-cakes and brownies, Beti's Welshcakes, flapjacks and cookies, and from the 1st December our very own mince pies. So, if you have a little time to spare, and perhaps a recipe to share how about volunteering and seeing YOUR efforts being enjoyed in the café or the shop?"



Photo: Anthony Jurett Photography

More Christmas events

Check the separate leaflet for more details of the other events in the shop in the run-up to Christmas. The Lost Fairytales of Ceredigion with Peter Stevenson, for 7s to adults, 7.30-9.00 on December 10th. Children's craft workshop 2.30-4.30 on 14th. Stories with Morgan Tomos, 3.00-4.00 on 23rd. Santa's Grotto on 16th, 1.30-3.00; and on 21st and 24th, 2.00-4.00.

And you can now find in the shop a select range of local interest books and delightful Welsh and bilingual books for children.



When he volunteered with us in the summer, local author and story-teller Morgan Tomos met three of his young readers - one cleverly disguised as Alun yr Arth, the hero of his stories.

Christmas Fayre

We will be continuing our newly-founded tradition of having a Christmas Fayre to cheer you on a dark winter Eve: 6th December, 6.00-8.00pm. There'll be fresh-cooked turkey baps with stuffing, and mulled wine, and a raffle with lovely prizes sponsored by many generous local business supporters. Our local food producers will be here with all kinds of goodies. Come and sample beers brewed by Cwrw Cader, and fine wines imported by Dylanwad Da Wines, both from Dolgellau. Sharon from Sugar and Spice will be here with her delicious range of fruit 'butters' and chutneys, and Richard Spencer with his very local Taliesin honey. And Mike Smerdon will be showcasing

the Christmas cakes and puddings made right here in our own kitchen. You can come and order a bespoke hamper of Welsh produce selected from our wide range, or take away a ready hamper on the day. You can also order your box of Christmas vegetables.

Award-winning Bow Street butchers will also be here to take your order for Christmas turkeys, hams, sausages and whatever you fancy - and you'll be able to pick up your order from us at a designated time on Christmas Eve. Do drop by for a while to sample the local produce and buy a raffle ticket, but if you miss the night you can always come in and order your produce on another day.

Grant Award from Santander

Santander has awarded us a grant to help us develop our activities programme, to increase opportunities for people to join in and make more friends in the community. Lowri Jones, whom you'll recognise as our Assistant Business Manager, is now our Events and Activities coordinator. New member of the board Helen Ovens explains: "We'll have more activities for older people and families; and we'll be developing the exhibition space in the Café to showcase the heritage of the area, and the work of local artists." One initial project which is sure to be popular is to help with the launch of a fuel club, in conjunction with Ymlaen Ceredigion's Club Cosy, which will help local people save money on their fuel bills. As Lowri says: "As with everything Siop Cynfelyn does, the success of this depends entirely on the enthusiasm and support of the local residents. We would like people to let us know what kind of events and activities they would like to see here. They can get in touch with me at the Shop on 01970 832113 or email lowrij@cletwr.com"



The five artists of the Celf Cletwr group. Left to Right, Ann Solomon, Flic Eden, Jane Burnham, Juliet Regan, Shelagh Hourahane.

What's coming up?

A new group activity: Knit & Natter Every Thursday, 7.30- 8.30pm in the Cwtsh. Bring your current knitting project or join in with the communal project with Ann - currently it's crocheted mug cosies. All abilities welcome (judging by Lowri's stich work?!). Bring your own needles etc. There'll be basic tea and coffee available and a donations box for the use of the room.

And remember 'Dal Ati', the group of Welsh learners and fluent speakers who get together to chat in Welsh every third Saturday in the month at 11.00am in the Cwtsh. All welcome.

Exhibitions: two local-history specialists have brought together a couple of fascinating photographic displays in the Cwtsh. Kate Sullivan's exhibition on women at work, 'Voices from the Factory Floor, 1945-75' can be seen alongside some lovely old photographs of Llancynfelyn, brought together by Nigel Callaghan; until December 5th. Kate is a researcher for Women's Archive Wales and Nigel is the chairman of Llancynfelyn Heritage Society.

A New Game: "Where's Cletwr the Otter?" There's another local photographic display in the Cwtsh after Christmas, but with a difference: the photos will be the clues in the new game. As Ian Mitchell explains, "if you are looking for something different to do with family or friends after Christmas, from December 27th until the end of February Siop Cynfelyn is organising a game to help folk explore different parts of the local area on foot, bike or even in a car. The game will involve a search for our cartoon otter mascot "Cletwr."

It will cost £1 per family to take part, and there will be a free family breakfast for four people in the cafe for the winner. Details of the game will be in the Cwtsh after Christmas."

And in the New Year, look out for more exhibitions featuring the work of local artists, like the group Celf Cletwr, a group of five women artists who organised our popular contribution to this summer's Ceredigion Art Trail.

Opening Hours

	Shop
Sunday	8.30 - 16.00
Monday	8.30 - 13.00
Tuesday-Saturday	8.30 - 18.30

	Cafe
Sunday	9.30 - 16.00
Monday	10.00 - 12.00
Tuesday-Friday	10.00 - 17.00
Saturday	9.30 - 17.00

We can do home deliveries:

Contact the shop 01970 832 113; cletwr@cletwr.com



Siop Cynfelyn is partly funded by CAVO, Cronfa Eleri and Village SOS, a scheme supported by the Big Lottery Fund.

For more information on anything contained in this newsletter please log on to

www.cletwr.com